

Clark Community Pool Swim Lessons 2016

The pool offers swim lessons taught by Red Cross certified instructors. Two sessions are available throughout the summer. Each session contains 16 group lessons held four times a week for four weeks at the cost of \$100.00 per session. All children **MUST** be a member as well as **3 years old by Memorial Day (pool passes required for sign up)**. Sign-ups are done in order received.

Session 1 June 27 - July 22

Session 2 July 25 – August 19

Swim Lesson Levels

1. Beginner- This level focuses on water introduction. Children learn to become comfortable in the water, put their face in, blow bubbles, as well as arm strokes and kicking. Ages 3+.
2. Advanced Beginner **ONE**- This level is for children who are comfortable swimming under water. The level will focus on introducing freestyle and floating as well as exploring overhead water. Also offered Mon – Thurs from 6-6:40 PM – first session only.
3. Advanced Beginner **TWO**- Children at this level can swim/tread water/doggy paddle independently. The class will focus on fundamentals of freestyle as well as building endurance. Also offered Mon – Thurs from 6-6:40 PM – first session only.
4. Intermediate- Swimmers concentrate on perfecting freestyle, enhancing endurance as well as learning new strokes such as backstroke, breaststroke and diving.
5. Swimmer- Swimmers work on mechanics of strokes as well as building endurance.
6. Junior Lifesaving- This course will introduce life saving techniques and skills that will help participants prepare for the lifeguarding course. This course is offered from 10-11am ONLY during session II. Recommended for ages 13+.(Cost: \$100)

Lessons are 40 minutes long. **Each session offers 3 different time slots:**

10:20- 11:00am OR 11:10 – 11:50am OR 6:00 – 6:40pm

***** All Classes are limited to 10 children! Payment must be received at time of registration!**

Child's Name: _____ **D.O.B.:** _____

Session: I (6/27-7/22) II (7/25-8/19)

Time: 10:20 – 11:00am 11:10 – 11:50am 6:00 – 6:40pm (This time is only available for Advanced Beginner I and 2 during Session 1)

Level: _____

First child is \$100/session. Each additional child is \$75/session.

Parent Signature: _____ **Date:** _____

OFFICE USE ONLY: Received: _____ Amount: _____ Age: _____ Initials: _____