



# COMBAT THE RAT

PREVENTING RODENTS



Find pest control resources here



## Protect Yourself

Rats and mice can cause illness, infect your food, and damage your property.

### Avoid:

Avoid contact with rodent urine, droppings, saliva, or nesting materials.

### Wear:

If cleaning up, put on protective equipment like gloves and face masks.

### Wash:

Afterwards, wash your hands with soap and water for at least 20 seconds.

## How to Use Traps

Use traps right away when you notice signs of rodents in your home.

- 1 Do not use glue or live traps as these raise your chances of getting sick.
- 2 Review instructions before setting traps.
- 3 Put traps in closed areas, like behind the fridge, and in places you have seen signs of pests.
- 4 Look in traps daily and throw out any dead rodents right away. Remember to use protective equipment when doing so.
- 5 If unsuccessful, consider calling in rodent control professionals.



## Protect Your Home



Plug or patch cracks and holes both inside and outside the home.



Limit food and water sources near your home.



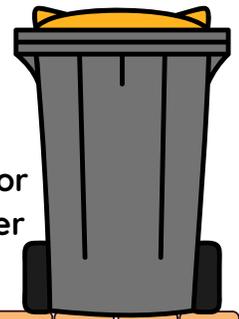
Clear mulch and leaves to eliminate possible nesting sites.



Use garbage containers with tight-fitting lids.



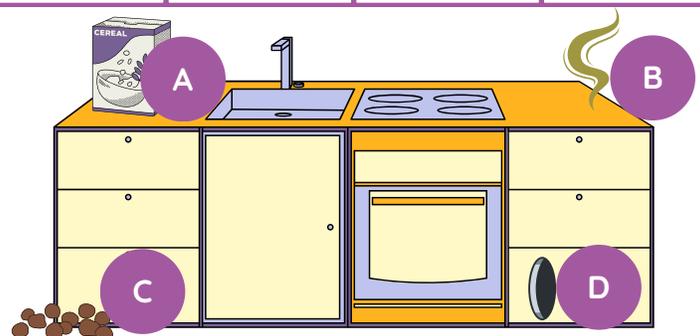
Avoid feeding birds or other wildlife to deter rodents.



## Look for Infestations

It is often hard to notice an infestation until it is severe. Check for these signs:

A	B	C	D
Bite marks on food packages	Odd smells from unusual areas	Rodent droppings near food areas	Chewed holes in walls and floors



Public Health  
Prevent. Promote. Protect.

For more information about rodents, visit: [www.cdc.gov/healthy-pets/rodent-control/](http://www.cdc.gov/healthy-pets/rodent-control/)

CLARK HEALTH DEPARTMENT  
(732) 428-8405 | [ourclark.com](http://ourclark.com)

Sources:

1. Centers for Disease Control and Prevention. (2024). Controlling Wild Rodent Infestations. Retrieved on June 3, 2024 from <https://www.cdc.gov/healthy-pets/rodent-control/index.html>
2. National Pesticide Information Center. (n.d.). Find Your Local Resources. Retrieved on June 3, 2024 from <http://www.npic.orst.edu/mlr.html>
3. United States Environmental Protection Agency. (2023). Identify and Prevent Rodent Infestations. Retrieved on June 3, 2024 from <https://www.epa.gov/rodenticides/identify-and-prevent-rodent-infestations>