



FIGHT THE BITE

MOSQUITOES



Find the right repellent for you!



Protect Yourself

Stay in the know and prevent bites with these tips:

Spray:

Use an EPA-registered insect repellent on clothing, shoes, and gear.

Wear:

Dress in loose-fitting, long-sleeved shirts and pants.

Control:

Take steps to control mosquitoes inside and outside.

Protect Your Home



Limit open doors and windows by using air conditioning, when possible.



Empty or drain containers like bird baths or ponds that hold water. Mosquitoes like standing water.



Use screens without gaps or holes on windows and doors.

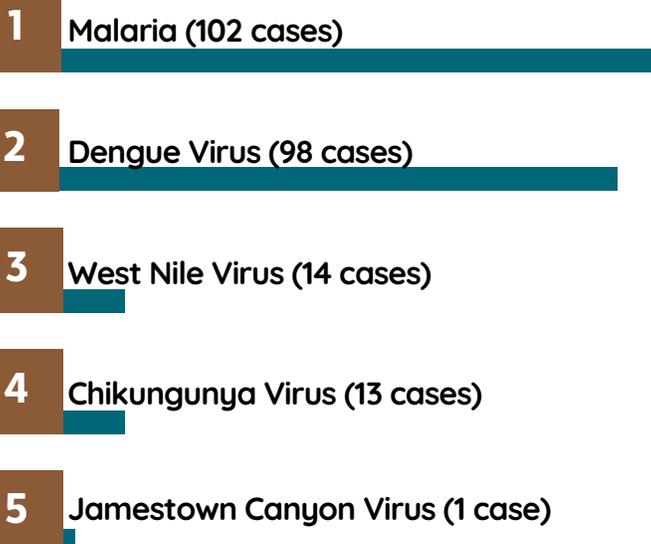


Cover trash cans and rain barrels.



Fast Stats

New Jersey's top five mosquito-borne diseases in 2023:



Source: New Jersey Communicable Disease Service. (2023). Vector-Borne Diseases in New Jersey. Retrieved on April 23, 2024 from https://dashboards.doh.nj.gov/views/public_dashboard/Intro

Signs and Symptoms

Most infected people do not show any symptoms. However, here are common symptoms, if they do happen:

Mild

- Fever
- Chills
- Headache
- Joint pain
- Body aches

Severe

- High fever
- Confusion
- Stiff neck
- Seizures
- Paralysis
- Heavy bleeding

Mosquitos breed more easily after wet weather events like hurricanes and heavy rains.

For more information on fighting mosquitos, visit: www.cdc.gov/fight-the-bite



Public Health
Prevent. Promote. Protect.

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(732) 428-8405 | ourclark.com