

PROTECT the newest MEMBER of your FAMILY



**Getting vaccinated
is an act of love.**

04/2024

The best defense a baby's family members and caregivers can provide is being **up-to-date** on their vaccinations. This creates a bubble of disease protection around the baby.



Keep baby safe by:



Reviewing your vaccine records



Getting vaccinated with any necessary vaccines or boosters **two or more weeks before** visiting

Check that you're up-to-date on your:



Flu vaccine (every year)



Tdap vaccine (every 10 years)



MMR vaccine (once a lifetime)



Shingles vaccine (once a lifetime)



Pneumonia vaccine (once a lifetime)



COVID-19 vaccine (as recommended)



Public Health
Prevent. Promote. Protect.

CLARK HEALTH DEPARTMENT
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Sources:

- Centers for Disease Control and Prevention. (2021). Vaccines for Family and Caregivers. Retrieved on April 23, 2024 from <https://www.cdc.gov/vaccines/pregnancy/family-caregivers.html>
- National Council on Aging. (2023). What vaccinations should grandparents get?. Retrieved on April 23, 2024 from <https://www.ncoa.org/article/what-vaccinations-should-grandparents-get>